

Preventive Health Guidelines for Your Child

It is important for your children to have regular checkups with the doctor and to get immunizations. Immunizations - shots - help protect your child against serious diseases. This chart will help you know when your child needs exams and immunizations. If your child has missed an immunization, talk with your doctor, so your child can get caught up.

Age	Exams and Tests	Immunizations
Infants		
At Birth	In Hospital	Hepatitis B #1
1 Month	Exam	Hepatitis B #2 (1 to 2 mos.)
2 Months	Exam	DTaP #1 + PCV #1 + Hib #1 + Polio #1 + Rotavirus #1
4 Months	Exam	DTaP #2 + PCV #2 + Hib #2 + Polio #2 + Rotavirus #2
6 Months	Exam	DTaP #3 + PCV #3 + Hib #3 + Hepatitis B #3 (6 to 18 mos.) + Polio #3 (6 to 18 mos.) + Rotavirus #3 + Flu shot—each year from 6 mos. to 18 years
9 Months	Exam	
12 Months	Exam Blood Lead Test First Dental Visit	MMR #1 (12 to 15 mos.) + *Hib #4 (12 to 15 mos.) PCV #4 (12 to 15 months) + Varicella #1 (12 to 15 mos.) Hepatitis A - 2 doses, 6 mos. apart (12-23 months)
15 Months	Exam	DTaP #4 (15 to 18 mos.)
18 Months	Exam	

Children		
2 Years	Exam, Blood Lead Test	Flu shot each year
30 Months	Exam	
3 Years	Exam	Flu shot each year
4 to 6 Years	Exam Each Year	DTaP #5 + MMR #2 + Polio #4 + Varicella #2 + Flu shot each year
8 and 10 Years	Exam Each Year	Flu shot each year

Teens		
11 to 12 Years	Exam Each Year	MCV4 (Meningococcal) + Tdap (Tetanus/diphtheria/pertussis) + HPV (Human papillomavirus) - 3-dose series for girls + Flu shot each year
13 to 20 Years	Exam Each Year	Flu shot each year

*The Hib booster (dose #4) may be postponed due to a vaccine shortage.



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These guidelines are based on the Recommendations for Preventive Pediatric Health Care of the California Department of Health Care Services and the American Academy of Pediatrics at www.aap.org. The Current Immunization Schedule is posted at www.aap.org/healthtopics/immunizations.cfm.