

# She's one smart mom

## She's got **text4baby**



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**text4baby**<sup>SM</sup>

[text4baby.org](http://text4baby.org)



**CenCalHEALTH**<sup>®</sup>  
The Regional Health Authority

CenCal Health is an outreach partner of text4baby.



A free service of the  
National Healthy Mothers,  
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