



## What's Covered When Your Patient Wants to Quit Smoking?

Did you know that CenCal Health covers the following products for SBHI, SLOHI and PP2 members that can help your patient quit smoking?

- Nicotine Patches
- Nicotine Gum or Lozenges
- Zyban
- Chantix

### **Here are the steps to take if your patient wants to quit smoking:**

1. Discuss quitting options with your patient. If you recommend a nicotine patch, nicotine gum, lozenge, Zyban or Chantix, write a **prescription** for it. (Note: Use of generics is mandatory.)
2. Coverage for Smoking Cessation products are as follows:
  - Patches (Nicoderm CQ, Nicotine, Nicotrol) 1 patch per day and up to 9 dispensings per year.
  - Zyban, Chantix up to 60 tablets per fill and up to 9 dispensings per year.
3. Refer your patient to a “stop smoking” program. A Certificate of Enrollment is no longer required in order to have the prescription filled. However, a program for behavior modification is strongly recommended for cessation success. Program information is listed below.
4. Tell the patient to take the prescription to their **pharmacy** for the smoking aid covered by CenCal Health. The Pharmacy bills MedImpact once the CenCal Health member provides the prescription.

**Note:** For SBHI and SLOHI members with **Medicare**, CenCal Health should be billed for the over-the-counter nicotine replacement products rather than the Part D plan.

If you have questions about what is covered, call MedImpact Help Desk at 1-800-788-2949 or our Pharmacy Team Central Line at 1-800-421-2560 X1080. Covered products are also listed on our formulary at [www.cencalhealth.org](http://www.cencalhealth.org).

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## **STOP SMOKING PROGRAMS**

- (1) **Call the California Smokers Helpline 1-800-NO-BUTTS (Spanish 1-800-456-6386)**  
Specially trained counselors are available to provide free information and support by telephone. This is a good option for those who cannot attend a class or who live where a class is not offered.
- (2) **Call the local Public Health Department for additional local programs and services:**
  - San Luis Obispo County: (805) 781-5564
  - Santa Barbara County: (805) 681-5407 South County; (805) 346-7275 North County

**If CenCal Health members have questions or need assistance with getting their prescription filled, please have them call Member Services at 1-877-814-1861.**

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